



Orientation and Onboarding

Our Welcome and Service Desk for Doctoral Candidates and Postdocs will assist you with all administrative questions and processes, both when first arriving at the university, and at all later times. They also help you find the right contact persons or suitable service offers of the university.



www.uni-jena.de/en/welcomeservicedesk

Welcome Event for New Postdocs

For newly arrived postdocs, we host the annual **Postdoc Days** every December. There, we introduce the most important services and supporting programmes and provide additional information events around interesting topics.

Our **intudoc Tutoring Service for International Postdocs** assists you with specific onboarding questions, like:

- Support with your administrative formalities, e.g. with appointments at the regional authorities, etc.
- Counselling in questions around visa and residency

Postdoc status in transitional phases

If you conduct your research at the University, but are currently not employed there, you can register as „University member“. This will allow you to use the university's resources like an institutional e-mail address, the eduroam wi-fi, the "Thoska" campus card, and the university library.



GRADUATE ACADEMY

Offers for Postdocs

Contact

Graduate Academy
 „Zur Rosen“ – House for Early Career Researchers
 Johannisstraße 13
 07743 Jena
 Tel: +49 3641 9-401333
 Mail: postdoc@uni-jena.de

www.uni-jena.de/en/postdoc



Consulting and Advice

We offer advice and information around the following topics:

- Academic career: success criteria, career paths, Habilitation, individual profile and strategies
- Professional orientation: career opportunities in and outside German academia, job search and application process, exit strategies
- Working life as a postdoc: juggling tasks and responsibilities, knowing one's 'sandwich position' and different roles, mental health, leadership and supervision
- Further topics: Academic Employment Law, funding, residence permits and certificates...

Contact us for your personal appointment:

E-Mail: postdoc@uni-jena.de

Consulting in personal crises and conflicts

In case of professional conflicts, you can contact our consulting team and receive help and guidance to clarify the situation and take necessary steps.

If you have experienced personal conflicts, a crisis, or stress and anxiety, and have difficulties coping with the situation, you may turn to the university's Mental Health First Aid team. These trained first aiders can be easily approached and will provide confidential help with mental health issues.



↘ www.uni-jena.de/en/postdoc-consulting

Qualification Programme

We offer more than 100 workshops per year in the following areas:

- Communication, leadership, management
- Career planning and application
- Presenting and publishing
- Research methods
- Fundamental questions of science

Our courses for doctoral and postdoctoral researchers are given in both German and English language. You can choose those topics that are most relevant for your work life or your professional future. Some of our workshops specifically address postdocs and research group leaders: doctoral supervision, the writing of reviews, managing bigger research projects as well as trainings for German appointment procedures.

Moreover, you can apply for one of our certificate programmes „Leadership in Academia“, „Leadership in Industry and Society“, „Science Management“, or „Start-up Management“.



↘ www.uni-jena.de/en/postdoc-qualification

Career Days

Whether you are planning to stay in the German academic system in the long run, or rather picture your career in the industry or the societal professions: the Career Days offer you concise information and valuable insights into career options, job chances and application know-how for the German job market. Every year in November, the event hosts informational talks, short workshops and field reports from different professional contexts.



Funding Programmes

Funding of self-organised workshops and conferences

Graduate Academy supports the early autonomy of postdoctoral researchers. If you are planning to organise your own academic event, you can apply for a funding support. The programme is announced annually in the early spring.

Scholarships for female postdocs

Friedrich Schiller University offers scholarships for female postdoctoral research as a support in their efforts to obtain a professorship in Germany. These scholarships may bridge difficult financial situations right after the doctorate or between research projects, or enable you to re-enter academia after a longer absence due to maternal duties.



↘ www.uni-jena.de/en/postdoc-financing

Postdoc Newsletter



If you would like to hear from us about recent announcements, qualification offers, and events at the University of Jena, we would love to welcome you as a subscriber of our postdoc newsletter!



↘ www.uni-jena.de/en/ga-newsletter